



Grab-N-Go Nutritional Drinks:
Milk & Juice provided with Breakfast
Milk provided with Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2	 3	4	 5	6
 9	10	 11	12	 13
16 Meals available for ages 1-18*	17 PB&J String Cheese Juice Box Applesauce Cup Graham 	18 Texas Toast or Cocoa Cherry Bar Ham & Cheese Sandwich Fresh Fruit Carrots Graham Mayo/Mustard	19 Cereal Bar Shamrock Nuggets Shamrock Cookie Craisins Juice Box BBQ Sauce	20 Poptart Egg & Cheese Burrito Carrots Apple Slices Salsa
23 Muffin Ham & Cheese Sandwich Fresh Fruit Carrots Graham Mayo/Mustard	24 Cocoa Cherry Bar Beef & Bean Burrito Craisin Apple Slices Cheez Its Salsa	25 Funfetti Pancakes Shamrock Nuggets Shamrock Cookie Craisins Applesauce Cup BBQ Sauce	26 Cereal Bar Corn Dog Fresh Fruit Carrots Graham Ketchup/Mustard	27 Poptart PB&J String Cheese Juice Box Applesauce Cup Graham
30	31	<p>Breakfast for the following day Will be served at Lunch Pick-Up. * Must be Present.</p>		

Allergen Advisory: Product served in Grab and Go Meals may contain milk, eggs, wheat, soy, peanuts, and tree nuts and others. Please read label on package prior to eating. Please call 785-295-3190 for any more info. Please leave a message and we will return as soon as possible.

